

Latent class analysis of the data revealed four distinct groups of veterans based on their levels of PTSD symptoms and social support. The groups were: 1) High PTSD, Low Social Support; 2) High PTSD, High Social Support; 3) Low PTSD, Low Social Support; and 4) Low PTSD, High Social Support. The study found that veterans in the High PTSD, Low Social Support group had the highest levels of psychological distress and the lowest levels of social support. Veterans in the High PTSD, High Social Support group had the highest levels of psychological distress but also the highest levels of social support. Veterans in the Low PTSD, Low Social Support group had the lowest levels of psychological distress and the lowest levels of social support. Veterans in the Low PTSD, High Social Support group had the lowest levels of psychological distress and the highest levels of social support.



Homeworking different for Vietnam veterans

For many Vietnam veterans, the transition from military to civilian life is a challenging one. The military environment is structured, with clear rules and a sense of purpose. In contrast, civilian life is often unstructured and lacks a clear sense of direction. This can lead to feelings of isolation and a loss of identity. Many veterans struggle with finding a new purpose and a sense of community in civilian life.



One of the most common challenges faced by veterans is the loss of their military identity. In the military, they were part of a team, and they had a clear role to play. In civilian life, they often feel like they are just another person in a crowd. This can lead to feelings of isolation and a loss of self-worth. Many veterans struggle with finding a new purpose and a sense of community in civilian life.

Another common challenge is the difficulty of finding a job. Many veterans have skills that are not easily transferable to the civilian workforce. They may have spent years in the military learning specific skills, but these skills may not be in demand in the civilian market. This can lead to frustration and a sense of hopelessness. Many veterans struggle with finding a job that provides a sense of purpose and a chance to use their skills.

Finally, many veterans struggle with the loss of their military community. In the military, they were part of a tight-knit community where they knew everyone and everyone knew them. In civilian life, they often feel like they are an outsider. They may struggle to find a new community or may feel that they are not accepted by the civilian population. This can lead to feelings of isolation and a loss of self-worth.